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| ***Young people are more likely to grow up successfully******when they experience developmental relationships******﻿with important people in their lives.*** ﻿**Search Institute has identified five elements, expressed in 20 specific actions,****﻿that make relationships powerful in young people's lives.** |
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| **Express Care:*****Show me that I matter to you.**** Be dependable: Be someone I can trust.
* Listen: Really pay attention when we are together.
* Believe in me: Make me feel known and valued.
* Be warm: Show me you enjoy being with me.
* Encourage: Praise me for my efforts and achievements.

**Challenge Growth:*****Push me to keep getting better.**** Expect my best: Expect me to live up to my potential.
* Stretch: Push me to go further.
* Hold me accountable: Insist I take responsibility for my actions.
* Reflect on failures: Help me learn from mistakes and setbacks.

**Provide Support:*****Help me complete tasks and achieve goals.**** Navigate: Guide me through hard situations and systems.
* Empower: Build my confidence to take charge of my life.
* Advocate: Stand up for me when I need it.
* Set boundaries: Put in place limits that keep me on track.

**Share Power:*****Treat me with respect and give me a say.**** Respect me: Take me seriously and treat me fairly.
* Include me: Involve me in decisions that affect me.
* Collaborate: Work with me to solve problems and reach goals.
* Let me lead: Create opportunities for me to take action and lead.

**Expand Possibilities:*****Connect me with people and places that broaden my world.**** Inspire: Inspire me to see possibilities for my future.
* Broaden horizons: Expose me to new ideas, experiences, and places.
* Connect: Introduce me to people who can help me grow.﻿

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